



Dear applicant for the ADA speedUP POSTDOC program,

For your upfront information, please see below.

In order to finally complete your application, this contracting form also needs to be filled out. It will be discussed and checked what your best way to get funding for the program would be during your first meeting with Ed Eller, ADA.

In case you belong to a special research field or graduate school with gender means open for your funding, you might discuss this even upfront with your coordination office.

Latest two weeks after your first meeting with Ed, please hand in the **contracting sheets (page 3 + 4) as PDF**

Please email to ada.mentoring@uni-mainz.de as well as to eller@uni-mainz.de.

Please **attach a picture of you** to be used for easing the process of getting to know you and recalling your name.

Thank you!

Cordially

Edeltraud Eller + ADA Mentoring Team

ADA Lovelace Talent Development JGU Campus
Contracting speedUP POSTDOC program



Dear Professor,
Dear Supervisor,

your /postdoc has the chance to participate in the ADA speedUP POSTDOC program for female postdocs in the natural sciences on JGU campus.

The main goals of the program are to support professional orientation and clarification of academic career goals, to broaden the professional network, to gain insights into female academic careers and last but not least to enhance personal strengths and potential development.

We want to enhance transparent communication about the needed funding for the participation fee and the time investment in order to support your and your postdoc's decision for the ADA speedUP POSTDOC program.

You will find information on our participation fees on page 2. We appreciate your help in finding the funding for your Postdoc and providing the relevant signature for her participation. Thank you!

With regards to our pricing, please note that insitutions not funding the ADA Talent Development position as well as institutions /cooperations of research being not ground-funded/state-funded are not allowed to make usage of the reduced participation fee.

Please be informed that the pricing structure is decided by the ADA Advisory Board on a regular basis (deans and general managers of JGU Faculties 8, 9, 10 and the HIM Mainz).

The ADA speedUP POSTDOC program runs from April 2025 until December 2025. Please find our program information on page 3 and sign together with your PhD/Postdoc for a mutual agreement on the amount of time invested in the program. Thank you!

In case of further questions, please do not hesitate to contact me; eller@uni-mainz.de.

Yours sincerely

Edeltraud Eller
ADA Lovelace Talent Development
JGU + Campus Mainz



Funding for ADA speedUP POSTDOC program

Name	_____	Surname	_____
Email	_____	Building	_____
Phone	_____	Mobile	_____
PhD start date	_____	Institute	_____
Supervisor	_____	i.e. SFB	_____

Funding clarified

- **2.000 €** ADA reduced fee = mentee's desk at faculties 08, 09, 10 and HIM and participation fee ground-funded /state-funded (Landesmittel) faculty 08/09/10 JGU or HIM Mainz
- **3.500 €** ADA standard fee = mentee's desk at JGU faculty 04 or external i.e. MPIP, MPIC, IMB and/or participation fee funded by third party funds (Drittmittel) /SFBs, TRRs

Billing to: Name _____
Organization: _____
Adress: _____

Funding statistics Own resources Institute means
 Third-party funds Faculty gender budget

Billing contact and authorization

Date _____ / _____ / _____ **Signature** _____
Name _____ Email _____

Funding unclear



Postdoc

Name _____ Surname _____

Program summary + mutual agreement on invested time within 9 months

Mandatory parts of the program

3 days

PostDoc Group Coachings

= 8 x 3 hours at ADA

4 pm until 7 pm

2025: April 7th and 28th, June 2nd, July 7th, August 25th, October 6th, November 7th, December 1st

We ask you to please do not miss more than one session.

Optional parts of the program

ADA personality LAB

1x 1-to-1 with ADA

1,5 hours

Self-study

xxx hours

ADA Self-Development Workshop

3 days

(probably end of November 2025)

Participating in 1 ADA workshop

2 days

(potential topics: Negotiations, Leadership, Communication, X-Culture Cooperation, xxx)

Mutual agreement on time investment

Mentee plans on investing this amount on time within 18 months

3 mandatory days

+ _____

= total days of time investment within 9 months

We agree on

- following the ADA recommendation

= 75% of at least mandatory elements is working time and covered by the institute + 25% private time of the mentee which is realized through the program by 3 Saturdays invested in 3 ADA Workshops

(recommended by ADA = ADA Advisory Board consisting of deans and general managers faculties 8 9 10 and HIM plus ADA management Ed Eller)

- following our own understanding

= _____

Date, Institute /Supervision

Date, Postdoc

